

**Morsels for the Mind Book Group**

**Date:** *January 21, 2010*

**Book Title:** *A Whole New Mind by Daniel H Pink*

**Hostess:** *Nancy S.*

**Food Served:** *Pastrami dip, hummus, pita, crackers, veggies, tea, wine, soda. Cranberry orange bundt cake was served for dessert.*

**Book Synopsis:** *The author believes that we are entering a transformational age. Asia, abundance, and automation will force us to think differently and use our right brains. He writes about the six fundamentally human abilities that are essential for our success in this new world, and explains how to access and master them.*

**Review:** *Our group was interested in this theory. We shared examples from our lives about how we're accessing our right brain capabilities.*

**Highlights of Discussion:** *Aging and its effect upon the brain; outsourcing left-brain skills; thinking differently in the workplace; becoming more empathic.*

*Also, Laura shared our Morsels for the Mind spreadsheet from its inception in 1991 to the present. We had a lively discussion of our history over dessert. There are a few gaps in our history, and we vowed to fill them.*

**Attendance:** *3 Nancys, Ginny, Julie, Sandy, Laura, and Anne S.*

**Suggestions/Business:** *Look for the Morsels for the Mind page on FaceBook.*

*Please bring new books to our Feb. 25 meeting at Julie's house. We'll discuss The Syringa Tree.*