

## Morsels of the Mind Book Group

**Date:** February 17, 2005

**Book Title:** Three Weeks With My Brother by Nicholas Sparks

**Hostess:** Anne Hill

**Food served:** Each country visited by the brothers was represented by a food. Guatemala - Guacamole + Mango-Avocado Salsa, Peru - Leche Asada (a custard flan-type dessert), Easter Island - pineapple, melon, grapes and strawberries, Cook Island - Black Pearls (olives), Australian wines - Yellow Tail Shiraz, India - Curry dip with fresh vegetables, Cambodia - springrolls, Malta - ripe + green olives, Ethiopia

**Book Synopsis:** Sambusa - appetizers - triangle shaped, Norway - Jailsberg cheese + Kavli (Norwegian Cream Cake)  
Well-known author, Nicolas Sparks and his brother, Micah, take a 3 week tour around the world, visiting sites in each of the countries listed above. Alternating with the travel adventures, Sparks writes their family history of growing up together, beginning with early toddler experiences.

**Review:** Everyone was very positive about it and seemed to enjoy the book.

**Highlights of Discussion:** We were shocked by the amount of freedom and responsibility given to Nicholas and Micah when they were so young beginning as preschoolers, wandering Los Angeles and crossing busy highways. Discussion centered on the family's challenges and perplexing relationships.

**Attendance:** Sandy, Mary, Linda Z were absent. Laura worked but come later. Attended by Nancy D, Nancy S, Nancy McQ, Ginny + Anne S, Anne H.  
+ Laura

**Suggestions/Business** Next book is The Kite Runner at Nancy McQ on March 24. Date changed due to conflict on 3<sup>rd</sup> Thursday with St. Patrick's Day. Some discussion about going as a group to France in Summer, 2006.