Tea-Scented Pumpkin Soup

- One 3-pound sweet pumpkin quartered, seeded, peeled and cut into 2-inch pieces
- 6 cups chicken stock or vegetable stock
- 1 teaspoon Ceylon tea
- 1/2 cup boiling water
- Salt and freshly ground pepper
- 2 teaspoons vegetable oil
- 2 scallions, green part only, thinly sliced crosswise
- Roasted pumpkinseed oil, for drizzling

Step 1



In a large enameled cast-iron casserole, cover the pumpkin with the stock and bring to a boil. Simmer over moderate heat until the pumpkin is tender, about 35 minutes.

Step 2

In a cup, steep the tea in the boiling water for 5 minutes. Strain the tea.

Step 3

Working in batches, puree the soup in a blender and return it to the casserole. Add the tea and bring to a simmer. Season the soup with salt and pepper.

Step 4

In a small skillet, heat the vegetable oil. Add the scallion greens and cook over high heat until softened, about 30 seconds. Season with salt.

Step 5

Ladle the soup into small bowls and drizzle lightly with pumpkinseed oil. Garnish with the scallion greens and serve.

Make Ahead

The soup can be refrigerated overnight. Reheat gently.

Serves 8