

Skinny Butterfinger Dessert

INGREDIENTS

- 1 prepared angel food cake
- 1 (1 ounce) package fat-free sugar-free vanilla pudding mix (larger size)
- 2 (8 ounce) containers fat-free cool whip
- 10 fun size Butterfinger candy bars
- 1 1/2 cups skim milk

DIRECTIONS

Tear angel food cake into bite size pieces.
Prepare pudding with 1-1/2 cups of skim milk and mix with 2 containers of Cool Whip Free.
Crush candy bars.
Layer 1/2 cake, 1/2 of pudding mixture and 1/2 of crushed Butterfingers.
Repeat layer.

Can also layer into trifle dish, or individual cups

NUTRITION INFO	
Serving Size: 1 (82 g)	
Servings Per Recipe: 15	
AMT. PER SERVING	% DAILY VALUE
Calories 185	
Calories from Fat 28	15%
Total Fat 3.2 g	4%
Saturated Fat 1.6 g	7%
Cholesterol 0.5 mg	0%
Sodium 254 mg	10%
Total Carbohydrate 36.3 g	12%
Dietary Fiber 0.4 g	1%
Sugars 19.4 g	77%
Protein 4.2 g	8%