

MORSELS FOR THE MIND BOOK GROUP

Date: May 20, 2019

Hostess: Nancy McQuate

Book Title: Educated

Author: Tara Westover

Book Synopsis: An unforgettable memoir about a young girl who, kept out of school, leaves her survivalist family and goes on to earn a PhD from Cambridge University. She started her formal education at 17. She prepared for the end of the world by stockpiling home-canned peaches and sleeping with her "head-for-the-hills bag."

Our Review: Everyone agreed it was a well written memoir which brought up many topics for discussion. We felt she was a courageous woman in spite of the verbal and physical abuse she dealt with. We questioned the fact or fiction aspect of her retelling events from her childhood which is sometimes a factor in memoirs.

Food Served: FBI Navy bean salad, Tara Westover's Grandma Down the Hill's Pumpkin Chocolate Chip Cookies, Smashed Potato Bites, Nuts and Seeds trail mix for the Bug Out Bag, Strawberry Mango Lime Crisp

Highlights of Discussion: We questioned how the abuse could have gone on so long and yet nothing was done about it. Talked about the fact that they were isolated could have been a factor. Discussed her father and Shawn's mental state as well as her father's extreme beliefs.

Looked up Tara's mother's website on teaching classes on essential oils and discussed her knowledge and medicinal use of herbs even for life threatening injuries. We agreed Tara is a evidently a very intelligent gifted young woman to achieve all her accomplishments in spite of her early upbringing.

Attendance: Nancy M, Nancy D, Nancy S, Sandy, Laura, Julie, Ginny

Business/Suggestions:

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