

Morsels for the Mind Book Group

Date: October 16, 2008

Book Title: Animal, Vegetable, Miracle by Barbara Kingsolver

Hostess: Laura

Food Served: Sweet potato Quesadillas; mini "day of the dead" bread w/ pumpkin + apple butter; apples with caramel apple dip; Hot spiced cider + blueberry + cherry wine from Robenette.

Book Synopsis: The author + her family make a commitment to live "locally" for one year. They grew their own vegetables + only shopped

Review: we did not all agree on whether we liked the audio version. We enjoyed hearing the experience from the different family members. Some wanted to make more of the recipes (cheese) + Nancy M learned that all chicken eggs are not perfect.

Highlights of Discussion: Decided that the book will make us all more aware of where our food comes from, to be careful about making choices (Washington apples vs Michigan)

Attendance: Ginny Nancy M, Nancy D, Anne H, Nancy S, Julie

Suggestions/Business

- Reminder to next month bring children's books
- discussed Christmas dinner options